



RAP SHEET

A NEWSLETTER FOR LAW ENFORCEMENT AGENCIES TO
ENCOURAGE SENSITIVITY TO THE ISSUES OF LAW ENFORCEMENT DEATH
Concerns of Police Survivors ~ Po Box 3199 ~ 846 Old South 5 ~ Camdenton, MO 65020 ~ Phone: (573) 346-4911

MAINTAINING YOUR DEPUTIES *By Sara Stone*



Sheriff Heath White

On January 20, 2009, Torrance County (NM) Sheriff's Sergeant Dominique Joseph Smith was killed in the line of duty. This was the first line-of-duty death while serving as Undersheriff of Torrance County for Heath White.

White, who now serves as Sheriff of Torrance County, is an advocate for C.O.P.S. with the New Mexico Sheriff's Association and the National Sheriff's Association. In February 2014, he was named "Sheriff of the Year" by Western States Sheriffs' Association. He was selected based on new programs he introduced and his leadership within the Association.

Sheriff White says in retrospect he feels their department may have caused more "damage" to Sergeant Smith's family simply because they did not know what to do. "We always train for tactical issues, but we never train for a fallen officer," says Sheriff White.

In May 2010, Sheriff White took several of his deputies to Washington, DC, to honor Sergeant Smith during National Police Week. While at National Police Week, he was introduced to C.O.P.S. and the programs available to affected co-workers.

Sheriff White quickly realized what his department was doing wrong. They were missing the key aspect of maintaining the mental health of their deputies.

"As an administrator, there can be a huge separation and disconnect from the field. Seeing deputies trying to cope two to three years after a line-of-duty death has a tremendous impact and C.O.P.S. helps with that," says Sheriff White.

When tragedy happens, there is often a fear of talking about your feelings and thoughts of liability. Just like weapons and cruisers, deputies need to be maintained and C.O.P.S. provides another tool to help do just that.

In October 2010, Sheriff White attended his first Co-Workers Retreat and admits he was stand-offish and simply felt the responsibility to go and support his deputies and make sure they were okay.

"Talking to others that were going through the same thing not only helped me personally, but it made me realize that as an administrator, we need to allow our deputies the opportunity to get the help they need with their mental health," says Sheriff White.

"Do not overlook the maintenance of your deputies. I'm a better administrator, and person, because of C.O.P.S. It helps to know you can draw upon C.O.P.S. at anytime." - Sheriff White

FROM C.O.P.S. EXECUTIVE DIRECTOR:



Supporters in law enforcement,

As I have completed my first six months as a retired law enforcement administrator and the new Executive Director in this awesome organization called C.O.P.S., I look back at how my view of C.O.P.S. has changed. As a police administrator it is very easy to say that I will never need C.O.P.S. services or to think my department is equipped to help officers whose grief over losing a co-worker may last for many years. What I have learned is that peer support for these grieving officers is so critical and is the backbone behind what the C.O.P.S. organization can do for your department.

In October of this year I attended my first Co-Workers' retreat. Officers who have lost a co-worker in the line of duty from around the country attend this retreat where they are placed in an environment with other officers who have been through a similar event. The support is law enforcement specific and the officers are not subjected to an artificial environment where they feel their thoughts are being scrutinized. They learn to use humor and laughter, once again, to deal with the traumas that occur during a law enforcement career. Time and time again I have heard from officers that the retreat helped save their jobs and/or their marriages. If you have lost an officer in your department, please consider attending or sending your officers to this free retreat.

Please look inside this Rap Sheet for the upcoming Traumas of Law Enforcement trainings being held around the country. This free training can help officers manage the cumulative stress of a law enforcement career and help prepare your department on how best to manage a line-of-duty death.

As a law enforcement administrator I knew that our vehicles, buildings and equipment needed regular maintenance to continue to do the "job". Our officers are also our resources, and they may need the peer support that C.O.P.S. can provide to keep them healthy and committed to your department.

Stay safe always,

Dianne Bernhard
Dianne Bernhard

The Traumas of Law Enforcement Trainings 2015

Presented by C.O.P.S.

January 12-14, 2015

Miami, Florida (Metro Dade)

Training Location: Dade County Police Benevolent Association
10680 PBA Memorial Blvd. (NW 25th St.), Miami, FL 33172
Hotel: Best Western Plus Miami Airport West
3875 NW 107th Ave., Miami, FL 33178
Hotel Phone: (305) 463-7195

Hotel Room Rate: \$142.99/Night + 13% Tax
Complimentary Breakfast
Registration Deadline: December 22, 2014
*Airport Shuttle Service is available from 6:00 a.m. - 11:00 p.m.
*Complimentary Parking

February 23-25, 2015

Cedar Hill, Texas (Greater Metro Plex area)

Training Location: Cedar Hill Recreation Center
310 E. Parkerville Rd., Cedar Hill, TX 75104
Hotel: Holiday Inn Express Hotel and Suites
523 Anroine St., Cedar Hill, TX 75104
Hotel Phone: (972) 291-4037

Hotel Room Rate: \$93.00/Night + 13% Tax
Complimentary Breakfast
Registration Deadline: February 8, 2015
*Airport Shuttle Service NOT available
*Complimentary Parking

March 9-11, 2015

Arlington, Virginia

Training Location: Marymount University
2807 North Glebe Rd., Arlington, VA 22207
Hotel: Holiday Inn Arlington at Ballston
4610 North Fairfax Dr., Arlington, VA 22203
Hotel Phone: (703) 243-9800

Hotel Room Rate: \$194.00/Night + 13% Tax
Registration Deadline: February 13, 2015
*Airport Shuttle Service NOT available.
*Daily Discounted Parking Fee of \$7.00+

March 23-25, 2015

Anchorage, Alaska

Training Location: Anchorage Fire Dept. Training Center
1140 Airport Heights Dr., Anchorage, AK 99508
Hotel: Anchorage Residence Inn by Marriott
1025 E. 35th Avenue, Anchorage, AK 99508
Hotel Phone: (800) 314-0781

Hotel Room Rate: \$99.00/Night + 12% Tax
Complimentary Breakfast
Registration Deadline: February 25, 2015
*Airport Shuttle Service is available
*Complimentary Parking

March 30 - April 1, 2015

Long Beach, California

Training Location: Long Beach Memorial Medical Center
2801 Atlantic Ave., Long Beach, CA 90806
Hotel: Courtyard Marriott Long Beach Downtown
500 E. 1st St., Long Beach, CA 90802
Hotel Phone: (562) 435-8511

Hotel Room Rate: \$138.00/Night + 15% Tax
Registration Deadline: March 6, 2015
*Airport Shuttle Service NOT available
*Discounted Daily Parking Fee of \$12.00+

April 13-15, 2015

Memphis, Tennessee

Training Location: City of Memphis Council Chambers
125 N. Main St., Memphis, TN 38103
Hotel: Sleep Inn and Suites
40 N. Front St., Memphis, TN 38103
Hotel Phone: (901) 522-9700

Hotel Room Rate: \$102.00/Night + 15.95% Tax
Complimentary Breakfast
Registration Deadline: February 28, 2015
*Airport Shuttle Service NOT available
*Daily Parking Fee of \$12.00+

April 27-29, 2015

Billings, Montana

Training Location: River Stone Health Clinic - Billings
123 S 27th St., Billings, MT 59101
Hotel: Crowne Plaza Hotel
27 N. 27th St., Billings, MT 59101
Hotel Phone: (800) 588-7666

Hotel Room Rate: \$83.00/Night + 7% Tax + \$2.00 City Tax
Registration Deadline: March 25, 2015
*Airport Shuttle Service is available
*Complimentary Parking

June 1-3, 2015

Milwaukee, Wisconsin

Training Location: Milwaukee County Sheriff's Training Facility
9225 South 68th St., Franklin, WI 53132
Hotel: Hyatt Place Milwaukee Airport
200 W Grange Ave., Milwaukee, WI 53207
Hotel Phone: (414) 727-7397

Hotel Room Rate: \$107.00/Night + 15.1% Tax
Complimentary Breakfast
Registration Deadline: May 11, 2015
*Airport Shuttle Service is available
*Complimentary Parking

REGISTER ONLINE AT WWW.NATIONALCOPS.ORG

An Update on the Commonsense Approach to Officer Safety: By Dale Stockton

In addition to the “Traumas of Law Enforcement” trainings presented by C.O.P.S., another source of law enforcement training is found through the Below 100 program.

The first Below 100 Train-the-Trainer class was presented in Chicago in April of 2011. That same year, 179 officers were lost in the line of duty. Since that first Below 100 Trainer, more than 50 Train-the-Trainer classes have been conducted across the country and hundreds (yes, hundreds) of Below 100 classes have been presented to many thousands of officers.

Is it working? When 2012 ended, line-of-duty deaths (LODDs) totaled 126, the lowest seen in more than 50 years. Below 100 training continued into 2013 with a sense of empowerment and the requests for the training just kept coming. When 2013 closed out, the LODD total came in at 105. You have to go all the way back to 1944 to find a lower LODD number. In other words, no one wearing a badge today has seen a lower level of loss in their lifetime. This progress is not solely attributable to Below 100 but there’s no doubt the program is making a difference and helping to move police culture in the right direction.

Year in and year out we lose officers in what have been determined to be preventable situations. For those who have experienced the loss of a loved one, even one LODD is too many and C.O.P.S. and Below 100 understand that.

We are committed to working very hard to ensure fewer families have to make the trip to National Police Week as a survivor. Over the course of the last two decades, law enforcement families have frequently heard variations of this terrible phrase, “Every 53 hours in this country an officer is killed in the line of duty.” There was a time when this was true but we have improved the situation immensely. In fact, if you consider the number of LODDs in 2013 and so far in 2014, here’s how it would read today: “Every 83 hours in this country an officer is killed in the line of duty.” That’s a dramatic difference.

Sometimes, Below 100 trainers get this question: “Why isn’t the goal zero?” The sobering answer is that this would just not be realistic. Those who wear a badge stand in the gap between good and evil. It can be both dangerous and deadly to take on this responsibility. If a person is committed to killing a police officer and is

willing to die trying, there is a certain likelihood they will be successful.

The tragic case of Corporal Bryon Keith Dickson, Pennsylvania State Police, is a heart-breaking example of what a determined and deranged individual can do. By all accounts, Corporal Dickson simply walked out of the barracks and was assassinated with two long-range rifle shots. He did absolutely nothing wrong and it is difficult to see how his death could have been prevented. However, that does not mean that it is acceptable and you will not find a single person involved in Below 100 who believes otherwise.

Goals should be challenging but grounded in reality. When a goal is obviously unobtainable, such as “zero death, zero injury,” it serves no purpose and is often dismissed outright. No line-of-duty death should ever be considered acceptable but the truth of law enforcement is that there will be times when lives are lost.

When it comes to Below 100, thousands of law enforcement officers have indicated they believe in the concept and they are actively working to make that goal a reality. As a result, lives are being saved and career-ending injuries are being prevented.

Below 100 believes the best way to honor our fallen is by training the living. By presenting Below 100’s Train-the-Trainer classes and C.O.P.S. Traumas of Law Enforcement trainings, we know that those who have made the ultimate sacrifice would want nothing less.

If you would like more information on Below 100, please check www.Below100.com. Special thanks to the Officer Down Memorial Page (ODMP.org). All references to LODD numbers in this article are derived from ODMP.

Below 100 targets areas under an officer’s control and focuses on five core tenets:

- ***Wear your seatbelt.***
- ***Wear your vest.***
- ***Watch your speed.***
- ***WIN-What’s Important Now?***
- ***Remember: Complacency Kills!***



C.O.P.S. HANDS-ON PROGRAMS 2015

Below is the schedule for C.O.P.S.' Hands-On Programs that have brought so much comfort and healing to all categories of survivors, including affected co-workers. It is our hope that, if your agency has lost an officer in the last few years, you will encourage the surviving family and affected co-workers to attend the appropriate retreat. Brochures on these retreats will be mailed to surviving families and online registration will be set up at www.nationalcops.org in late April.

We hope you will encourage officers who may still be struggling with survivor guilt to attend the Co-Workers Retreat planned for next October.

Adult Children's Retreat

June 19 - 22, 2015

Kids Camp (Ages 6-14)

July 27 - August 2, 2015

Outward Bound (Ages 15-20)

July 27 - August 2, 2014

Fiancés/Significant Others Retreat

August 14 - 17, 2015

Siblings Retreat

September 11 - 14, 2015*

Spouses Retreat

September 25 - 28, 2015*

Co-Workers Retreat

October 2 - 5, 2015

Extended Family Retreat

October 16 - 19, 2015

Parents Retreat

October 23 - 26, 2015

NEW FOR 2015:

C.O.P.S. is in the process of planning an additional Co-Workers Retreat as well as a camp for kids ages 15-20 that do not want to attend Outward Bound®.

Dates for these additional programs will be decided during the November National Board Meeting.

Check for updates at:

www.nationalcops.org/programs.asp

* One week later than usual due to the Labor Day holiday.

The smiling faces from C.O.P.S. Kids Camp 2014!





C.O.P.S. NATIONAL POLICE WEEK STATISTICS
2,210 SURVIVORS SERVED

CONFERENCE ATTENDANCE HISTORY

<i>Year</i>	<i>Attendance</i>	<i>Prior Year LODDs</i>
1998	1,810	171
1999	2,173	170
2000	2,112	143
2001	2,379	162
2002	3,006	240 (9/11)
2003	2,149	157
2004	2,403	149
2005	2,796	165
2006	1,922	162
2007	2,309	156
2008	1,899	190
2009	1,627	141
2010	1,486	122
2011	2,124	154
2012	2,935	163
2013	2,774	143
2014	2,210	117

ATTENDANCE BY SURVIVORS

Spouses ~ 208	Grandchildren ~ 28
Mothers ~ 101	Grandfathers ~ 2
Fathers ~ 75	Grandmothers ~ 6
Siblings ~ 150	In-Laws ~ 175
Children ~ 221	Stepfathers ~ 17
Adult Children ~ 80	Stepmothers ~ 15
Co-Workers ~ 561	Significant Others ~ 10
Fiancés ~ 4	Other Family & Friends ~ 510
Former Spouses ~ 8	

CONFERENCE STATISTICS

27	Organizations on the NPW Planning Committee
20	Agencies involved with Support Services
89	Support Services Team Members
378	Law Enforcement United Riders
153	Law Enforcement United Support Staff
59	C.O.P.S. Kids/Teens Staff
147	C.O.P.S. Kids/Teens Program Attendees
2,214	Registrations Processed by C.O.P.S. Staff
900	Hours Served by Volunteers
700	Hotel Rooms Booked
4,085	Conference Meals Served

286 Historical & Current Year Fallen Officers Honored at the Candlelight Vigil (hosted by the NLEOMF) on May 13, 2014.

25,000+ Visitors came to Washington, DC to honor fallen officers.

112 Officers were honored during the National Peace Officers' Memorial Service hosted by the Fraternal Order of Police and Auxiliary on May 15, 2014.

NPW 2015 SCHEDULE

MAY 11

Early Arrival Day

Survivor pickup at Ronald Reagan National Airport
(DCA)

MAY 12

Official Arrival Day

Survivor pickup at Ronald Reagan National Airport
(DCA)

Law Enforcement United Arrival Ceremony

MAY 13

No airport pickup planned for today.

Check-In for the National Police Survivors' Conference and Kids/Teens activities
(Hilton Alexandria Mark Center Hotel - Plaza Ballroom)

27th Annual Candlelight Vigil
(National Law Enforcement Officers' Memorial)

MAY 14

National Police Survivors' Conference - Day 1
C.O.P.S. Kids/Teens - Day 1

MAY 15

34th Annual National Peace Officers' Memorial Service
(U.S. Capitol West Front Lawn)

MAY 16

National Police Survivors' Conference - Day 2
C.O.P.S. Kids/Teens - Day 2

Picnic on the Patio

MAY 17

Official Departure Day

PARTNERS IN LAW ENFORCEMENT

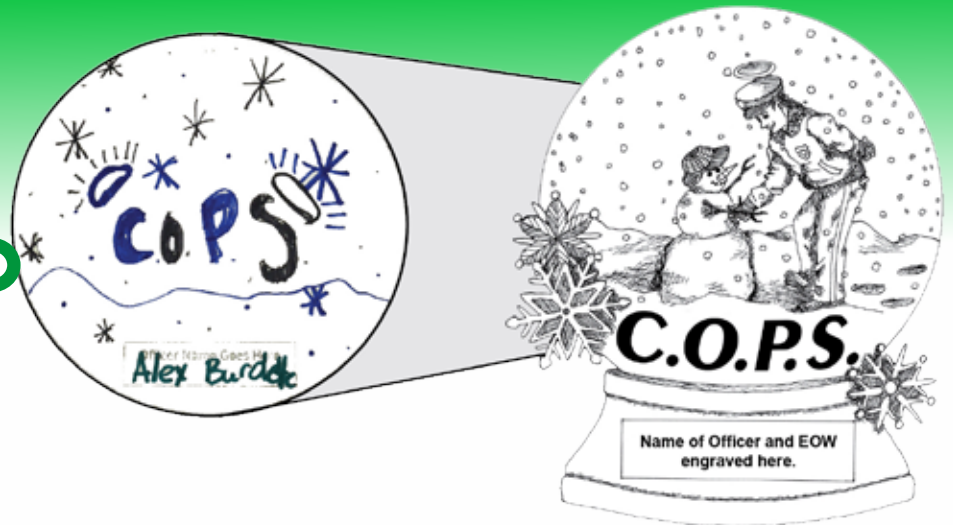
April 1, 2014 - September 30, 2014 (in alphabetical order)

Alabama Conservation Enforcement Officers Association
American Association of State Troopers, FL
Ames Police Benefit Association, IA
Amherst Police Club, NY
Arizona Department of Public Safety
Arkansas Association of Chiefs of Police
Arkansas Wildlife Officers Association
ATF, DC
Badger State Sheriffs Association, WI
Blue Knights COPS RUN, NY
Blue Knights Gwinnett XVI, GA
Boston Police Patrolmen's Association, MA
Buffalo Police Benevolent Association, NY
California Police Chiefs Association
Cape May County Emerald Society, NJ
Colorado Police Protective Association
Combined Law Enforcement Associations of Texas
Converse County Sheriff's Office, WY
County Sheriffs of Colorado
Dade County PBA, FL
Denver Police Protective Association, CO
Detectives' Endowment Association of New York City, NY
Detroit Police Benefit and Protective Association, MI
Duke University Police Department, NC
El Paso Police Department, TX
Fairfax County Police Association, VA
FBINAA Wisconsin Chapter
FBINAA, VA
FBI National Academy, VA
FBI-LEEDA, PA
FBINAA Connecticut Chapter
FBINAA DC Chapter
FBINAA Eastern Missouri Chapter
FBINAA Eastern PA Chapter
FBINAA Maryland Delaware Chapter
FBINAA Montana Idaho Chapter
FBINAA Nebraska Chapter
FBINAA North Carolina Chapter
FBINAA Ohio Chapter
FBINAA Rocky Mountain Chapter, CO
FBINAA South Carolina Chapter
FBINAA Utah Chapter
FOP Auxiliary Memorial Committee, OH
FOP Baltimore City Lodge #3, MD
FOP Baltimore Co. Lodge #4, MD
FOP Colorado Metroplex
FOP Durham County Lodge #2, NC
FOP Evesham Township Lodge #143, NJ
FOP Florida State Lodge
FOP Ft. Lauderdale Lodge #31, FL
FOP Illinois State Lodge
FOP Illinois Troopers Lodge
FOP Indiana State Lodge
FOP Kansas City Lodge #99, MO
FOP Lodge 24 Marion County, OH
FOP Loudoun-Dulles Lodge #69, VA
FOP M.P.D. Labor Committee, DC
FOP Michigan State Lodge
FOP Missouri State Lodge
FOP Northwest Missouri Regional Lodge #3
FOP Reading Lodge #9, PA
FOP Rose of Sharon Lodge 3, PA
Former Agents of the FBI Foundation, VA
Greeley Police Department, CO
Harford County Sheriff's Office, MD
Illinois Conservation Police Command Association
International Association of Chiefs of Police, VA
International Law Enforcement Educators & Trainers Assoc., NY
International Union of Police Associations, FL
IPA-US Section, CA
Jack Harris & Associates, AZ
Jersey City Police Officers Benevolent Association, NJ
Las Vegas Police Protective Association, NV
Law Enforcement United, VA
LEU Team DUKE/ DUPD, NC
Los Angeles Police Protective League, CA
Massachusetts Police Association
Mid-Atlantic Association of Women in Law Enforcement, NJ
MO Sheriffs' Association and Training Academy
Mount Dora Police Department, FL
Nassau County PBA, NY
National Sheriffs' Association, VA
National Tactical Officers Association, PA
New Jersey State Troopers NCO Association
New York Police Department
Oakland Police Officers' Association, CA
ODMP: The Officer Down Memorial Page, VA
Oneida Police Department, WI
Orange County Sheriff's Office, FL
Overland Police Department, MO
Peace Officers Research Association of California
Port Authority Police Benevolent Association, NJ
Retired Detroit Police & Fire Fighter Association, MI
Rolla Police Department, MO
San Angelo Police Department, TX
San Jose Police Officers' Association, CA
Santa Monica Police Officers Association, CA
Seattle Police Officers' Guild, WA
South Kingstown Police Benevolent Association, RI
Southeast Police Motorcycle Rodeo Committee, FL
Sparks Police Protective Association, NV
St. Louis Police Officers' Association, MO
State Troopers Association of Nebraska
Texas Dept. of Public Safety Officers Association
Texas Game Warden Association
Texas Municipal Police Association
Texas Police Chiefs Association
The Backstoppers, MO
The Friends of Bob Foundation, MO
Town of Brookfield Police Department, WI
U.S. Secret Service-Employee Recreation Association, VA
United States Marshals Service Association, CA
United States Secret Service Tampa Field Office, FL
Virginia Beach Sheriff Community Fund
Virginia Sheriffs' Institute
Virginia State Police Association
Walworth County Deputy Sheriffs Association, WI
Woonsocket Police Department IBPO #404, RI
Wyoming Association of Sheriffs & Chiefs of Police

Interested in becoming a
"Partner in Law Enforcement"?
Contact satoko_nevins@nationalcops.org.

2014 CHRISTMAS ORNAMENT

To guarantee you receive your ornament by Christmas, place your order no later than **December 5, 2014**

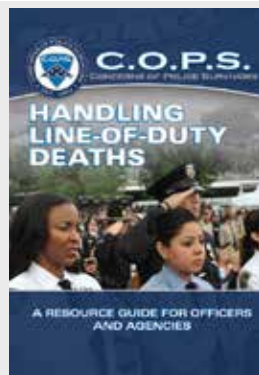


This year's design was inspired by 11-year-old **Karlee Burdette**, surviving daughter of Anderson County (SC) Master Sheriff's Deputy James "Alex" Burdette, EOW 3/12/2005. Karlee participated in the ornament design contest presented to the entire C.O.P.S. membership for children ages 6-14. Congratulations Karlee! Thank you for your great design for the 2014 C.O.P.S. Christmas ornament!

With a contribution of \$100 or more, an ornament engraved with your officer's name and end of watch will be mailed to you prior to Christmas. If ordered after December 5, it will be displayed at the National Office and mailed to you after the first of the year.

To place your order, please contact Satoko Nevins at Satoko_nevins@nationalcops.org or call (573) 346-4911. The following information is requested: Officer's name, End of Watch, relationship to officer, your name and contact information.

The **South Carolina FBINAA** chapter congratulates C.O.P.S. for 30 years of rebuilding shattered lives!



Line-of-Duty Reference Guide Available

C.O.P.S.' Quick Series for Law Enforcement Officers and Agencies is now available for distribution. Officers can order their copy online at www.nationalcops.org.

The Quick Series provides immediate reference on:

- death notification procedures
- funeral planning
- line-of-duty death benefits
- dealing with grief within the agency
- information on C.O.P.S. trainings
- information on C.O.P.S. programs for survivors of fallen officers

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CONCERNS OF POLICE SURVIVORS
P.O. Box 3199 846 OLD SOUTH HIGHWAY 5
CAMDENTON, MO 65020

Change Service Requested



PROJECT BLUE LIGHT

Concerns of Police Survivors is encouraging law enforcement families, friends, and law enforcement agencies to decorate in blue lights for the coming holiday season. By placing one blue light in a window of your home, you will be showing your support for officers who have died in the line of duty and those who continue to work America's streets.

The color blue is symbolic of peace.

By displaying your blue lights,
you will be sending a dual message -
**that you support America's peacekeepers
and that you hope the coming year will be a year of peace.**

*Your pictures are welcomed and encouraged.
Please send them to sara_slone@nationalcops.org.*

